

# Slow Food Iowa City

## How to Change Your Status with Slow Food

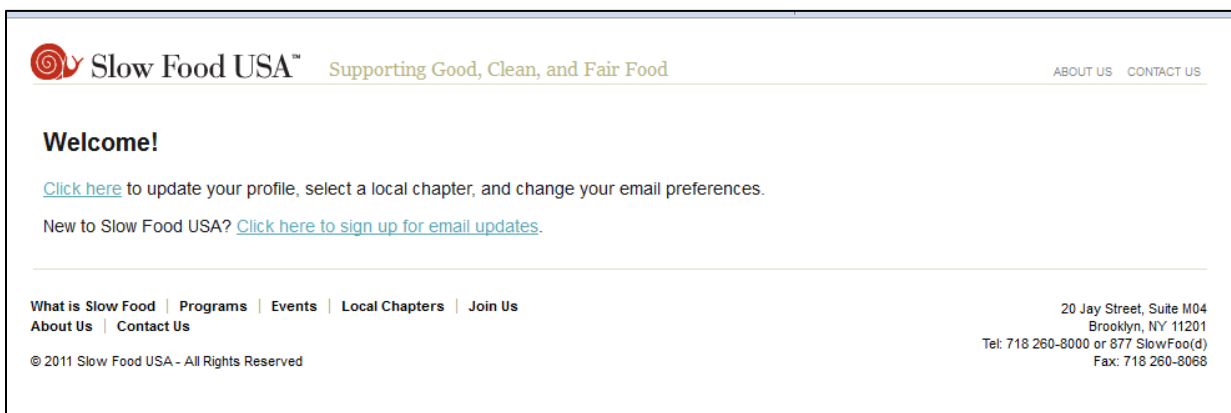
updated November 12, 2011

I. Go to the log-in page

<http://donate.slowfoodusa.org/site/UserLogin>

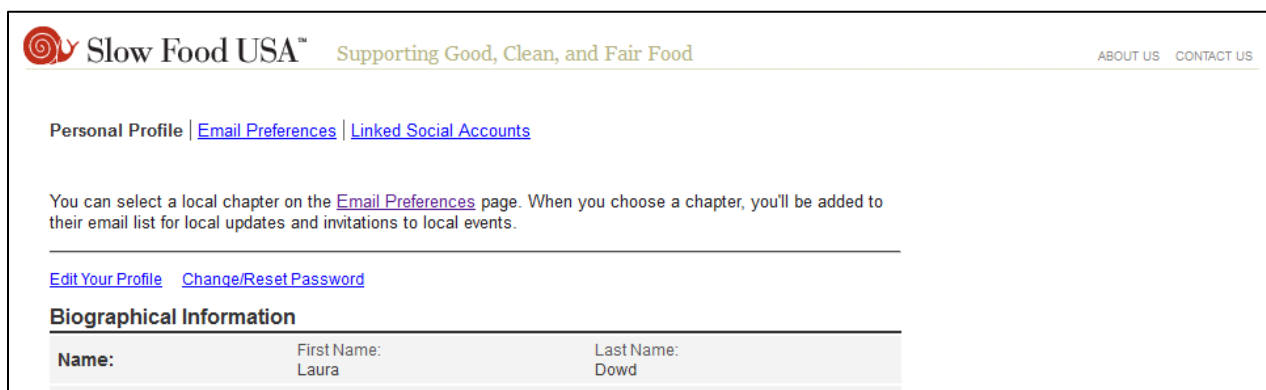
Enter your username and password. If you have forgotten them, you can ask the system to email you this information. If you are not certain on which email address you registered for Slow Food, it is probably the email address at which you have received this email from me.

II. Once you log-in, you will see this screen



The screenshot shows the Slow Food USA website's user login page. At the top left is the Slow Food USA logo with the tagline "Supporting Good, Clean, and Fair Food". To the right are links for "ABOUT US" and "CONTACT US". Below the logo, the text reads "Welcome!" followed by a link to update the profile. Below that is a link for new users to sign up for email updates. At the bottom, there is a navigation menu with links for "What is Slow Food", "Programs", "Events", "Local Chapters", and "Join Us", along with "About Us" and "Contact Us". On the right side, the address "20 Jay Street, Suite M04, Brooklyn, NY 11201" and contact information "Tel: 718 260-8000 or 877 SlowFoo(d), Fax: 718 260-8068" are listed. The footer contains the copyright notice "© 2011 Slow Food USA - All Rights Reserved".

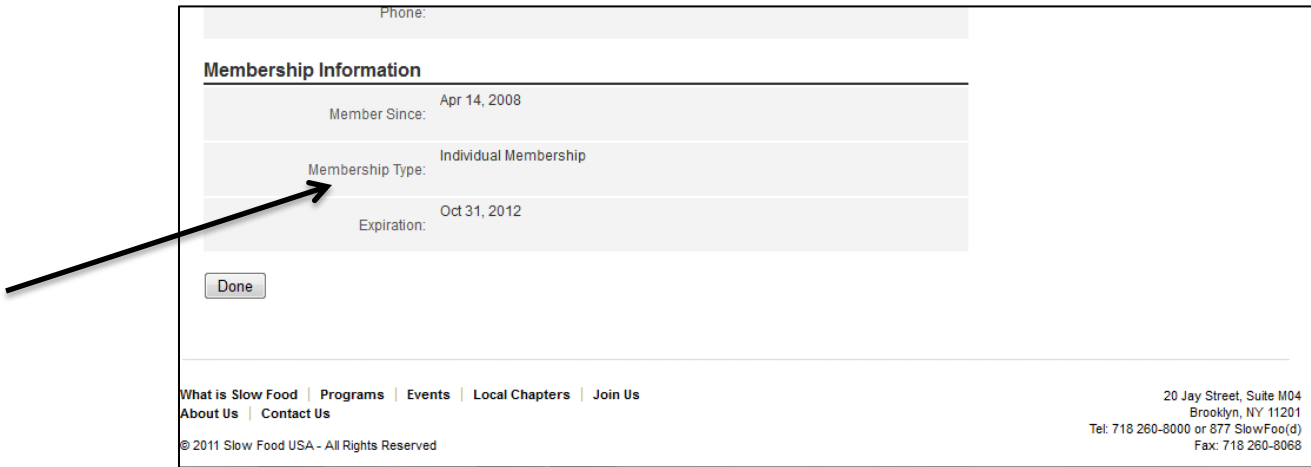
III. Choose "Click here to update your profile, select a local chapter, and change your email preferences." You will get to this screen.



The screenshot shows the Slow Food USA website's user profile page. At the top left is the Slow Food USA logo with the tagline "Supporting Good, Clean, and Fair Food". To the right are links for "ABOUT US" and "CONTACT US". Below the logo, the text reads "Personal Profile" followed by links for "Email Preferences" and "Linked Social Accounts". Below that is a paragraph explaining that users can select a local chapter on the "Email Preferences" page. Below the paragraph are links for "Edit Your Profile" and "Change/Reset Password". The "Biographical Information" section is highlighted with a grey background and contains the following information:

Name:	First Name:	Last Name:
	Laura	Dowd

IV. Scroll to the bottom of the record. What is your "Membership Type"?



Phone:

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**Membership Information**

Member Since:	Apr 14, 2008
Membership Type:	Individual Membership
Expiration:	Oct 31, 2012

Done

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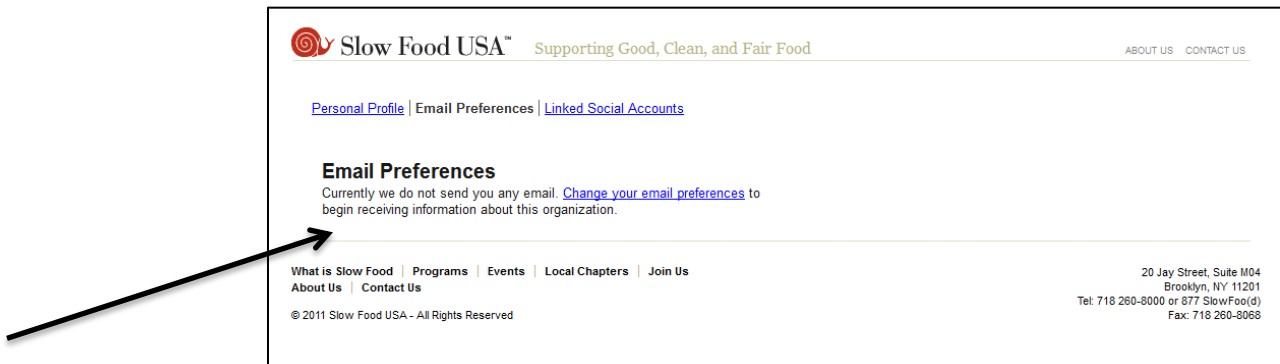
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If your membership type is "unknown" - you can change your record to have an "Individual Membership" status.

V. To change your membership status, you must enter the "Email Preferences" page. There are a variety of different screens you might see. (You might need to accept email announcements in order to select membership in your local chapter.) Here is one example:



 **Slow Food USA™** Supporting Good, Clean, and Fair Food [ABOUT US](#) [CONTACT US](#)

[Personal Profile](#) | [Email Preferences](#) | [Linked Social Accounts](#)

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**Email Preferences**  
Currently we do not send you any email. [Change your email preferences](#) to begin receiving information about this organization.

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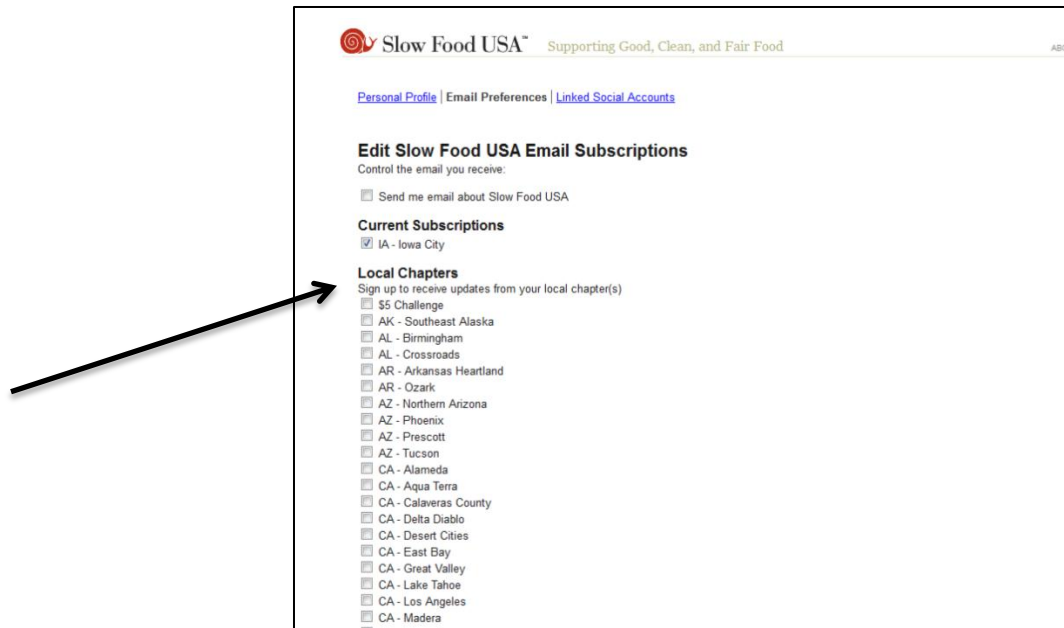
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Even if you receive email from Slow Food USA or Slow Food International, you still might not be on record as a constituent of the Slow Food Iowa City Chapter.

VI. We do not have examples of every screen you might encounter. However, once you are in "Email Preferences" you should be able to navigate your way to selecting a local chapter. Choose "IA - Iowa City."



VII. Making this change to your status should get your name on our "Current Member" list.

VII. If you have any questions, please contact me or Slow Food USA.

Slow Food USA National Office  
20 Jay Street, Suite M04  
Brooklyn, NY 11201  
Tel: 718 260-8000 or 877-SlowFoo(d)  
Office Hours: M-F 9:30AM - 5:30PM ET

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